



ENFORCEMENT EDITORIAL

The official newsletter of the Alberta Municipal Enforcement Association

President's Message

Spring is right around the corner and you know what that means! Unpleasant season is upon us! Well, yes, but more importantly it's CONFERENCE TIME!

I look forward to the conference each year as a time to reflect on my work and set priorities for the coming season. Many of us work in an environment where we are the only enforcement officer or one of very few in the community. The conference is a time to spend time with friends that understand our role and our difficulties like no others. We bounce ideas off one another, get different perspectives, learn that most situations have already been dealt with at some point by another member and that we are not alone. I always leave the conference feeling rejuvenated and ready to implement some new initiatives in my community. I hope to see many of you there!

The executive has been hard at work putting together a week of learning, networking, and camaraderie. This year's conference will be **May 7 – 11 at the Capri Centre in Red Deer**. We will have a two day certificate course on Advanced Investigative Techniques, taught by Sharie Cousins from Lethbridge Community College. This course is supported by Lethbridge College and Sharie brings years of enforcement and teaching experience to the course. In addition, we will have the trade show on Tuesday night, entertainment on Wednesday night and the President's banquet will be on Thursday evening, which will feature a keynote address from Brenda Robinson of the Robcan group and entertainment by the singer and pianist group Melony and Christina.

Please fill out and return the conference registration in this newsletter. It is going to be a great time with some outstanding courses.

By now, you should have received your new AMEA membership card. This card entitles AMEA members to discounts at various law enforcement related retailers. A full list of participating retailers will be available at the conference. Please bring your membership card with you to conference to utilize our new electronic registration system. If you have not received a membership card, or there was an error on the one that you did get, please email Doug Saunders at dsaunders@amea.ca and he will have one out to you right away.

Sincerely,

Derek Sutherland, AMEA President

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Getting To Know Your Executive...

Ryan Berezanski



As a new member of the AMEA Executive, I am pleased to introduce myself to the membership. My name is Ryan Berezanski. I have been an AMEA member since 2009.

In 2009, I completed the training to become a Peace Officer. I have been working for the past four years in the town I grew up in, St. Paul, which is two hours northeast of Edmonton and home of the world's first UFO landing pad! For me, it's really a dream come true to work in the town that I grew up in. I have grown to love my position here. This job allows me to focus and work directly with the public, help resolve any issues they may have, and make the community I was raised in a better place.

I am also a volunteer fire fighter and have been with the department for two years. I enjoy working with the members of the department and giving back to the community that has done so much for me. My dad is also on the fire department and has been since I was born, nearly twenty-five years. When I was younger, I wanted to be

in law enforcement or be a fire fighter. I am fortunate both my dreams came true.

When I began my employment as an Enforcement Officer, there was no mentor to train me. I can credit a lot of the knowledge I have received to the training at conferences and the knowledge that members have imparted to me. Together, they have provided me with a lot of information to bring back to my community. We can all benefit from meeting each other and sharing challenges and successes.

As your new Publicity Officer, I would like to encourage you to share any ideas for the newsletter. I also look after our website www.amea.ca. If anyone has any issues with the site, please let me know. I would also like to mention our forum and encourage you all to use it, as it is there for all of us to communicate with each other. I look forward to hearing from everyone.

All the best to all of you.

2012 AMEA Conference

See Page 6 for more details. Hope to see you there!

Special Thanks to the 2012 AMEA Conference Committee:

Derek Sutherland - President

Kaila Tipton - Vice President

Ryan Berezanski - Publicity Officer

Karen Pasay - Treasurer

Amanda Oling - Secretary

Doug Saunders - Membership Officer

Joel McDonald - Past President



Health and Wellness

Anytime Is A Good Time To Tackle Your Resolutions

by Mike Callbeck, *Canfit Pro Personal Trainer*
www.wavewellness.ca

Being the first newsletter of the year makes this a great time to discuss 'resolutions'. You've probably heard the word a hundred times already this year. Everyone uses the beginning of a new year as a reason for change, to start something new, or to even quit an existing bad habit.

Health studios and fitness centres use this time of the year to spend a bulk of their advertising budgets... radio ads, TV commercials, billboards. Everywhere you look there is a new promotion or giveaway for a gym membership or diet plan. And it works. This time is the busiest most facilities will see throughout the entire year. Gyms are packed, bootcamps have waiting lists and health stores are making a killing. In reality, it IS a great time for a new beginning.

The only problem with the New Year is the pressure that comes with it. It's hard not to do something when everyone else is doing it or talking about it. The last thing you want to do is start something and get discouraged... or even worse... waste money. Before you commit to something, make sure it works for YOU.

If you are thinking about starting at a new gym, pay them a visit before you sign up for anything. Take a tour and ask questions!!!

What are their hours?

Do they fit your schedule?

What type of equipment do they have?

Make sure they have variety... you don't want to get bored.



Do they offer special classes or training?

Classes are a great way to keep motivated and mix things up. Most gyms include these in your monthly fee but with a set schedule that may not work for you.

What are the locker rooms like?

You want to be comfortable where you change. Cleanliness is the most important but also make sure the lockers have sufficient space to fit all of your gear.

Be confident that it is a place you are willing to spend your time. ***A gym is somewhere you should WANT to be, not HAVE to be.*** And it should be long term, not just a phase.

Do I think now is a good time to start a new health regimen? Yes. But so is anytime. So don't jump the gun because you feel pressure. Take the time and do it right. You will thank yourself in the end.

We want to hear from you!

Do you have...

- a story to share?
- an idea for a column?
- some fun facts or interesting tidbits?

Is there something you would like to see in upcoming issues of your AMEA newsletter?

Contact your Publicity Officer, Ryan Berezanski, with your thoughts, ideas, and stories!

rberezanski@amea.ca

Care For Cold Weather Dogs

by Derek Sutherland, *Bylaw Officer, Didsbury*

Recently the temperatures in Didsbury got down to the -50°C range with the wind chill, and as always, we started getting the calls about dogs left outside. Of course many of these dogs are outside animals but I got to wondering just **how cold is too cold?** What constitutes **“adequate shelter”**? And what care does the cold weather dog need?

I had one such call about a Siberian Husky that had a travel crate for shelter, frozen water, and no food. Of course, the response from the owners when I made them aware of the situation was that it was a Siberian Husky and was meant for this weather. I asked Dr. Pam Barker, DVM to weigh in on what we need to look for in these cases. Dr. Barker is not only a vet, but she is also a dog sledder living in 100 Mile House, BC. This is what she had to say:

Adequate Shelter

Adequate shelter must include protection from the wind. A dog house does not necessarily have to be insulated, but it should be off the ground and **should not** have venting holes (which I assume this travel crate does). The doorway should not be so large as to act as a wind tunnel. The house should be of a size so the dog can warm the surrounding air space—oversized houses can act more like a refrigerator.

Bedding

Bedding should be clean and dry. Straw or hay in generous amounts allows a dog to snuggle down and create dead air space to prevent heat loss. Blankets, carpets, etc., **ARE NOT** sufficient for bedding, as they get mashed down from the dog circling and lying down, and provide little insulating value. In a dog house with little air circulation, they also



become damp and frozen from snow and the moisture from the dog's breath.

Water

One of the most significant risks that increases likelihood of hypothermia is dehydration. A strictly outdoor dog that is on dry food and offered only plain water can easily become dehydrated. In cold temperatures, dogs will not drink enough to maintain adequate hydration. Just like people, they don't perceive “thirst” the way you do when it is warm outside. Cold water, much less frozen, is not palatable. Consuming snow is absolutely inadequate for a dog to obtain sufficient water and it also cools the body core—burning even more energy and cooling the dog even faster.

The only way to ensure adequate water consumption for an outdoor dog in the winter is to offer warm, baited water at least twice a day. Baiting water can be accomplished by adding meat chunks

Care For Cold Weather Dogs

Continued

or broth, canned dog food, tuna juice or other bits of food that will encourage the dog to drink. Our sled dogs (Siberians) consume a total of about 3 litres of water per day when they are not working. More, of course, when they are working. The warm liquid also heats the body core and the food provides material for digestion, which also warms the body.

Body Language

A dog holding up the paws is certainly not comfortable. Dogs are amazingly resilient, but they certainly can suffer frostbite. Intact males are particularly subject to this, so always check the scrotum if you are suspicious.

For long-coated dogs—a matted hair coat has very little insulating value because the dead space between the individual hairs is greatly reduced. Matted hair also does not dry when it gets wet, but instead freezes, which of course makes its value virtually nil for keeping the dog warm.

All in All...

It is pretty difficult to establish a hard and fast rule on an actual temperature, as there are too many variables to consider. Well-cared for, conditioned, and hydrated dogs can withstand pretty severe extremes, but a pet dog with inadequate resources of water, shelter, and energy could have serious issues at comparatively “mild” temperatures.

In the end, we confiscated the dog and the owners made some changes including taking it inside. The owner called me several hours after getting the dog back and asked me if I had given it a sedative or anything while it was in our custody.

Of course we did not, but I asked him why he would ask that. He said that the dog was acting lethargic and they thought that we had given him something or that he picked something up at the kennel. I told him that his dog was likely hypothermic and that he needed to get him to a vet. He didn't accuse me of tampering with his dog's health after that.

Long-coated dogs have special needs during the winter—ensure their coats don't get matted!



Alberta Municipal Enforcement Association

32nd ANNUAL CONFERENCE & TRAINING SEMINAR

May 7–11, 2012

Capri Hotel, Trade and Convention Centre

3310-50 Ave, Red Deer, Alberta, T4N 3X9

Phone: (403) 346-2091

Date	Time	Event / Course Name	Details
Monday, May 7	8:30 am – 4:00 pm	Certificate Course: Advanced Investigative Techniques, Part 1	Presenter: Sharie Cousins. Topics include: Investigative techniques, Search and Seizure for the CPO, Bylaw and Animal Control Officer.
Tuesday, May 8	8:30 am – 4:00 pm	Certificate Course: Advanced Investigative Techniques, Part 2	
Tuesday, May 8	4:00 pm – 8:00 pm	Conference Registration and Trade Show	Snacks Provided.
Wednesday, May 9	8:30 am – 12:00 pm (Lunch Break) 1:00 pm – 3:30 pm	Round Table Discussions	Topics include: Municipal Law, Animal Control Licensing, Solicitor General, SPCA, Alberta Traffic Safety, MGA, Enforcement Techniques, DOT, Animal Control.
Wednesday, May 9	Hypnotist Show with Faith Wood		
Thursday, May 10	8:30 am – 12:00 pm	Commercial Crime	
Thursday, May 10	8:30 am – 12:00 pm	Organized Crime and the Freeman movement in Alberta	Presented by RCMP Cpls Jerion Hildebrand and Ian Smith, members of the Calgary Criminal Intelligence Unit.
Thursday, May 10	1:15 pm –	AMEA Annual General Meeting	
Thursday, May 10	6:00 pm –	AMEA Banquet and Awards Ceremony	Cocktails served at 6:00 pm. Semi-formal attire. Keynote address and entertainment to follow.
Friday, May 11	8:30 am – 12:00 pm	Media Relations	With Kevin Green from CTV Calgary News. Officers will have the opportunity to practice being interviewed in front of a TV Camera with a news reporter.

Directions to The Capri Hotel

The Capri Hotel is located off of Highway #2:

- Use 32nd Street off ramp.
- East on 32nd Street approximately 1.5 km
- Capri Centre is on your left at intersection of Gaetz Avenue and 32nd.

Attendees are responsible for their own accommodations.

Capri Centre, Red Deer Alberta

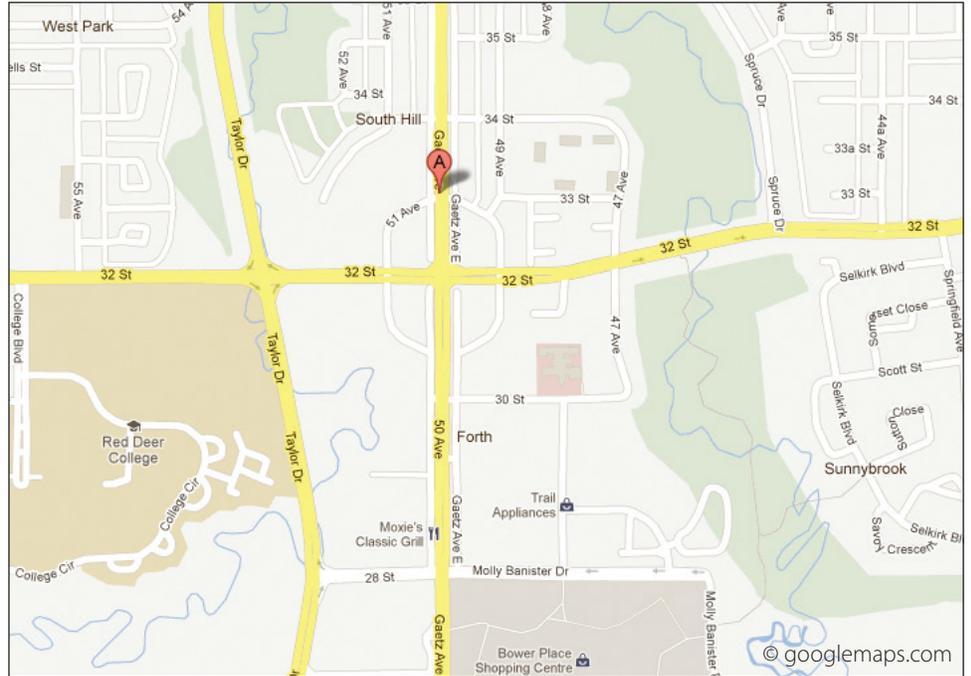
For Room Reservations Call:

Toll Free 1-800-662-7197

Tel: (403)-346-2091

Fax: (403) 340-0255

www.capricentre.com



2012 AMEA CONFERENCE

Registration Form

CONFERENCE/EVENT DESCRIPTION	DATES	MEMBER PRICE	NON-MEMBER PRICE	REMITTANCE
Full Conference with 2-Day Seminar	May 7–11	\$425	\$525	
Conference Only	May 9–11	\$270	\$320	
2-Day Seminar	May 7–8	\$250	\$320	
Any Single Day of the Conference		\$75	\$100	
Extra Banquet or Barbeque Tickets		\$35	\$35	
Total Cost for Attendee				

Due the popularity of courses please register early.

Conference fees include the Trade Show & Snacks as well as the Banquet and Awards Ceremony.

Please make cheques payable to:

Alberta Municipal Enforcement Association

Please submit to:

**Alberta Municipal Enforcement Association
Box 697
Edmonton, AB T5J 2L4**

Name	
Address	
Municipality	
Contact Number	
Email	

Please print this page and return with fees.